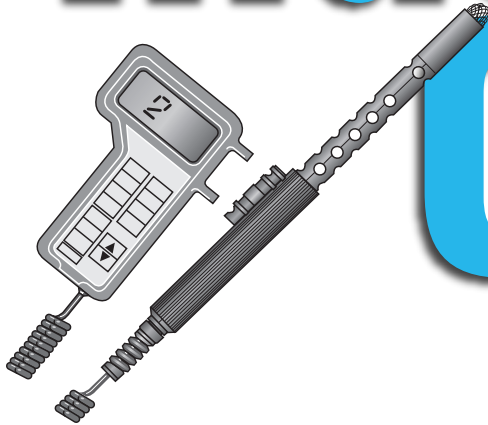


Indoor Air Quality



Health and Safety Guide

This handy reference guide addresses frequently-asked questions about indoor air quality, and goes beyond the basics to explain everything building occupants need to know about ensuring their health and comfort.



- Identify signs of indoor air quality (IAQ) problems.
- Identify possible causes and remedial actions to eliminate or control IAQ problems.
- Understand your duties and rights.
- Contact information sources such as key government organizations in charge of occupational health and safety in Canada and the US.

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