

# Publications

Available in PDF or spiral bound Soft Cover

*A series of pocket-size books designed to be used as an on-the-job reference tool and information resource.*

**Health and Safety Guides –  
a trusted source for essential  
information on:**

Recognizing and Controlling  
Job-Specific Hazards

Proper Use of Equipment

Safe Work Practices

Preventing Accident, Injury  
and Illness

Understanding Your OHS  
Rights and Responsibilities

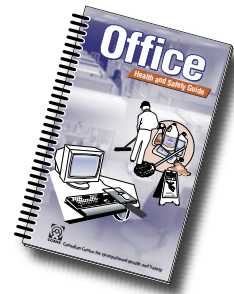
Compact, easy-to-understand pocket guides focus on specific topics and occupations, and are packed with graphics, checklists, safety tips and a useful summary of regulatory requirements. These popular handbooks are designed to be used on the job as reference to safe work practices.

# Health & Safety Pocket Guides

**New**

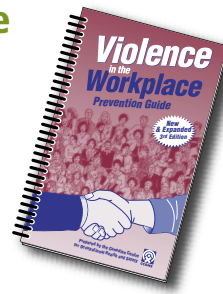
## Office Health and Safety Guide

This guide provides an overview of potential health and safety hazards in offices and offers ways to work safely (142 pages.) **1st Edition**



## Violence in the Workplace Prevention Guide

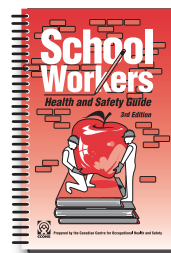
This guide is an essential resource for anyone who needs to learn about workplace violence and its prevention. (182 pages.) **3rd Edition**



**BESTSELLERS**

## School Workers Health and Safety Guide

Designed as an ideal work companion for teachers, custodians, school administrators and school board officials. It outlines ways to recognize and control health and safety hazards associated with school occupations, from routine classroom activities and building maintenance to science labs, sports activities, and industrial arts shops. (158 pages.) **3rd Edition**

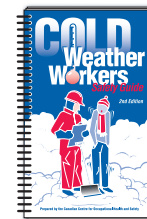


## Health and Safety Committees Reference Guide

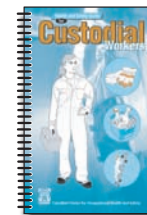
This guide provides practical guidance for the formation and effective functioning of health and safety committees and can help you understand your roles and responsibilities as a committee member, investigate accidents, review an OH&S Program, conduct workplace inspections and identify and take steps to control work hazards. (168 pages.) **2nd Edition**



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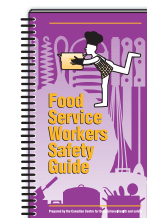
**Cold Weather Workers Safety Guide**  
(118 pages.) **3rd Edition**



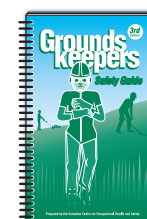
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(170 pages)



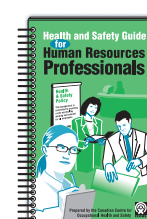
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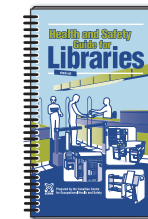
**Food Service Workers Safety Guide**  
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**Groundskeepers Safety Guide**  
(105 pages.) **3rd Edition**



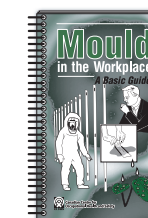
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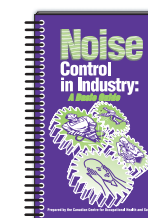
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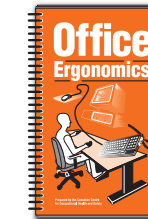
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**Mould in the Workplace: A Basic Guide**  
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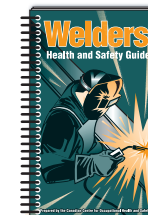
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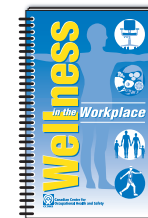
**Office Ergonomics Safety Guide**  
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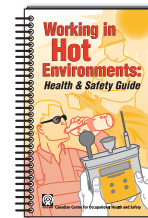
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**Welders Health and Safety Guide**  
(142 pages.)



**Wellness in the Workplace Guide**  
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Developed for workers and managers in a variety of jobs, the Health and Safety Guide Series contains essential health and safety information that applies to a wide range of industries. All of our Guides offer practical OHS advice in clear, easily understood terms. Available in English and French.



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**CCOHS – a trusted source**

The Canadian Centre for Occupational Health & Safety (CCOHS) is Canada's national resource for the advancement of workplace health and safety. CCOHS promotes the total well-being - physical, psychosocial and mental health - of working Canadians by providing information, training, education, management systems and solutions that support health and safety programs and the prevention of injury and illness.

CCOHS is governed by a Council with representatives from employers, labour and governments and is committed to providing impartial and accurate information services.



# Other Publications

## Job Safety Analysis Made Simple

This publication introduces the concept of Job Safety Analysis (JSA) and outlines practical methods to identify hazards and develop safe working practices. (38 pages)

## Influencing Attitudes Towards Workplace Illness and Injuries

Clear and actionable methodologies can be implemented immediately. (58 pages)

## Understanding a MSDS (4 pg. leaflet)

Understand and properly apply the information on MSDSs. Use this tool as a handy reference source when preparing MSDSs. (4 page leaflet)

## The MSDS - A Practical Guide to First Aid

This evidence-based publication offers a practical, easy-to-use system for preparing and evaluating first aid recommendations for workplace chemical exposures. (38 pages)



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