



Daycares

Protecting Yourself and Others

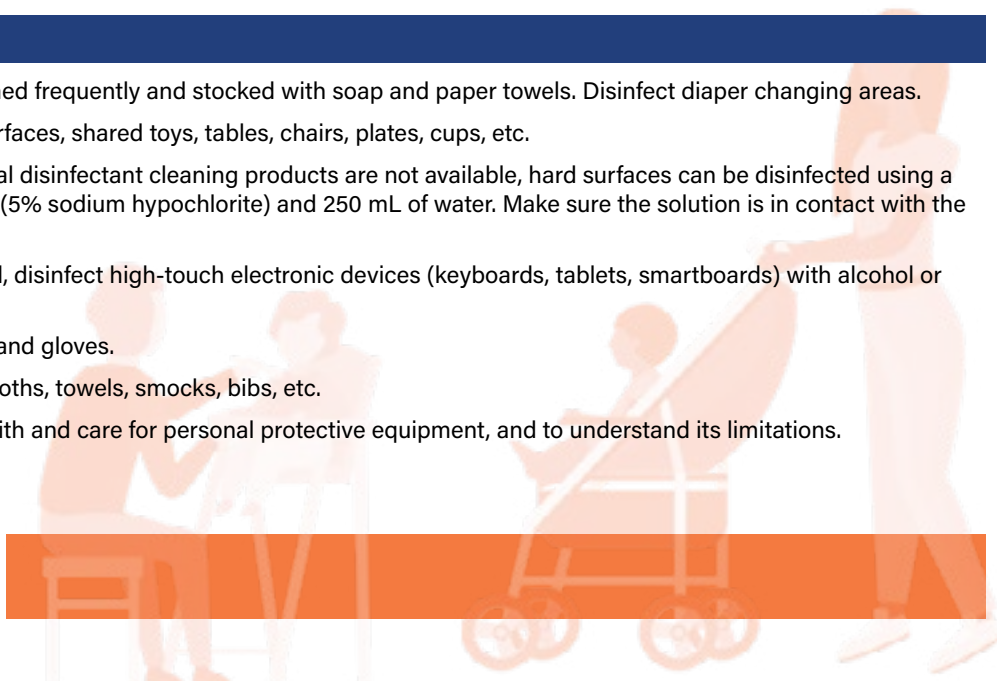
- Stay home if you are sick or might be sick. Follow the Public Health Agency of Canada's steps for self-assessment: <https://www.canada.ca/coronavirus>
- Practice and promote good cough and sneeze etiquette.
- Wash your hands frequently. Remove jewellery while washing.
- Disinfect surfaces frequently with a bleach solution using disposable gloves.
- Promote individual activities to minimize sharing of toys.
- Remove toys and books that are difficult to sanitize, such as plush toys, sand/water tables, and playdough.
- Remove work clothes and wash them as soon as you get home.

Personal Hygiene

- Provide tissues and dispose of used tissues in plastic-lined receptacles.
- Regularly wash your hands for at least 20 seconds with soap and warm water
 - at the start of shifts
 - before eating or drinking
 - before preparing food
 - after cleaning up meal and snack times
 - after touching shared items
 - after using the washroom, changing diapers, or helping others with toileting
 - after handling garbage, and
 - before leaving your workspace.

Daycare Hygiene

- Make sure washrooms are cleaned frequently and stocked with soap and paper towels. Disinfect diaper changing areas.
- Disinfect commonly touched surfaces, shared toys, tables, chairs, plates, cups, etc.
 - If household or commercial disinfectant cleaning products are not available, hard surfaces can be disinfected using a mixture of 5 mL of bleach (5% sodium hypochlorite) and 250 mL of water. Make sure the solution is in contact with the surface for 1 minute.
 - If liquids can be withstood, disinfect high-touch electronic devices (keyboards, tablets, smartboards) with alcohol or disinfectant wipes.
- Use disposable cleaning cloths and gloves.
- Regularly wash blankets, face cloths, towels, smocks, bibs, etc.
- Train workers on how to work with and care for personal protective equipment, and to understand its limitations.





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Screening

- Confirm at check-in that the child and their parent/caregiver do not have symptoms and have not travelled in the last 14 days.
- Monitor children for changes to their health (energy, appetite, fever, etc.).
- Should a child develop a cough or fever, isolate them from others in the facility. Provide surgical masks to the worker and child if available, and contact their parent/caregiver to take them home immediately.

Physical Distancing

- Stagger meal and snack times if possible.
- Create as much distance as possible during sleeping/nap time.
- Spend more time playing outdoors if there is more space. Disinfect or avoid climbing structures, shared swings, slides, and other equipment.

Provide mental health support to all workers, including access to an employee assistance program (EAP) if available.



For further information on COVID-19, refer to the Public Health Agency of Canada

<https://www.canada.ca/coronavirus>

Note that this guidance is just some of the adjustments organizations can make during a pandemic. Adapt this list by adding your own good practices and policies to meet your organization's specific needs.