

# Take note...

- Unjust criticism
- Unwarranted (or undeserved) punishment
- Trivial Fault-Finding
- Belittling someone's opinion
- Intimidation
- Unpredictable, explosive outbursts
- Rude, abusive, and sexist language
- Rumours, gossip and innuendos
- Targeted practical jokes
- Tampering with belongings or equipment
- Heckling
- Yelling or using profanity
- Failure to listen
- Intentional isolation
- Telling offensive jokes
- Taking credit for another's ideas or successes
- Undermining or impeding a person's work

**BULLYING IS  
NOT PART  
OF THE JOB**

- Threats
- Intrusive contact outside of work
- Pestering
- Spying
- Stalking
- Physical abuse
- Constant criticism

**Report it.**