

STUDENT ASSIGNMENT

ACTIVITY 1

1) You and your partner (or small group) will be assigned one of the jobs listed below:

- Grocery clerk
- Dishwasher
- Automotive technician
- Lifeguard
- Forklift operator
- Landscaper



2) List the main tasks your assigned job requires you to do, and what skills and abilities are necessary in order to do these tasks safely

3) Outline how cannabis impairment could impact your ability to do your job safely (For help, refer to the *Effects of Cannabis* table below)

Effects of Cannabis

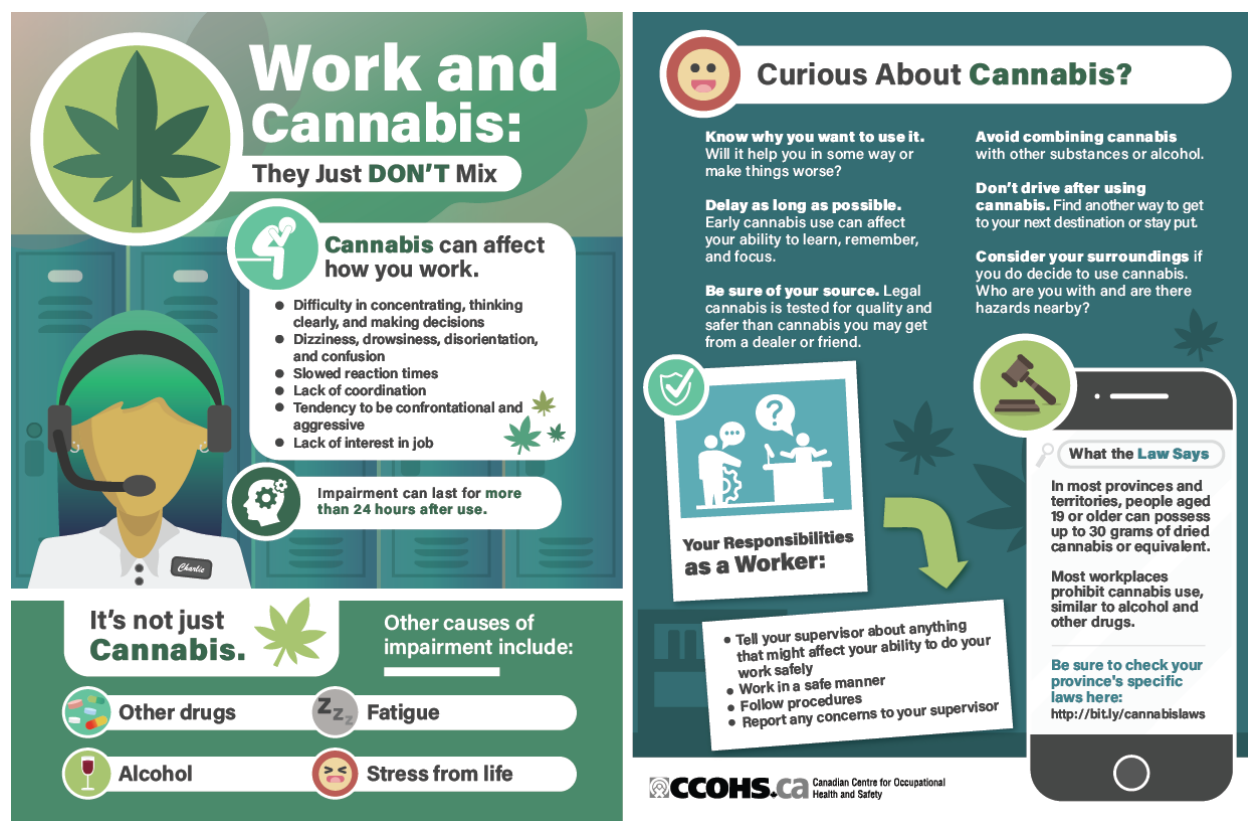
| Positive/Pleasant | Negative/Unpleasant |
|--|--------------------------------------|
| A "high" feeling (euphoria) | Confusion |
| A sense of well-being | Sleepiness, drowsiness |
| A state of relaxation | Trouble concentrating, remembering |
| Heightened sensory experiences (sight, taste, smell, sound, touch) | Damaged blood vessels (from smoking) |
| | Increased heart rate |
| | Paranoia, delusions, hallucinations |

WORK AND CANNABIS:

They Just Don't Mix.

ACTIVITY 2

- 1) Design a poster to illustrate why work and cannabis don't mix. Some suggestions:
 - a. Look into the laws on cannabis use in your province/territory.
 - b. Include ways cannabis could impair your ability to do your job safely.
 - c. Use the infographic below (created by CCOHS) for inspiration.
- 2) Ask your teacher and/or employer for permission to display your poster at your school or workplace.



WANT MORE INFORMATION?

→ Work and Cannabis: They Just Don't Mix
(<https://www.ccohs.ca/youngworkers/cannabis/>)

→ Cannabis in Canada
(<https://www.canada.ca/en/services/health/campaigns/cannabis.html>)

→ Your province/territory's provincial government and occupational health and safety websites